



WORLD DOWN SYNDROME DAY

Monday-March 21, 2022

3.21 IS WORLD DOWN SYNDROME DAY!

World Down Syndrome Day is an annual, global awareness day advocating for the rights, inclusion and well-being of people who have Down syndrome. Why 3/21? Because people who have Down syndrome have 3 copies of the 21st chromosome!

WAYS TO CELEBRATE

>>> ROCK YOUR SOCKS! WEAR YOUR MOST COLORFUL OR MISMATCHED SOCKS!

>>> WEAR BLUE AND YELLOW - THESE ARE THE COLORS USED TO RAISE AWARENESS FOR DOWN SYNDROME!

>>> REMEMBER, WE ARE MORE ALIKE THAN DIFFERENT! PEOPLE WHO HAVE DOWN SYNDROME CAN AND WILL DO ALL THE SAME THINGS YOU DO, IT JUST TAKES A LITTLE MORE TIME.

>>> BE KIND. BE INCLUSIVE.